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| <b>Health in Hackney Scrutiny Commission</b><br><br>26 April 2023<br><br><b>Minutes of the previous meeting and matters arising</b> | Item No<br><br><b>6</b> |
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## OUTLINE

Attached please find the draft minutes of the meeting held on 15 March 2023.

### **Matters arising from 5 Dec**

#### **Action at 5.4g**

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| <b>ACTION:</b> | <i>Group Director AHI to provide a brief update to the Chair on the funding position for next year (on Fair Cost of Care) once it is known.</i> |
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This will be followed up.

### **Matters arising from 8 Feb**

#### **Action at 6.6**

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| <b>ACTION:</b> | <i>CE of Homerton Healthcare to inform the Chair as soon as a decision was made on the siting of the proposed Community Diagnostic Centre.</i> |
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This will be followed up.

### **Matters arising from 15 March**

#### **Action at 5.5e**

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| <b>ACTION:</b> | <i>DPH to provide further details on the eligibility for free exercise classes beyond just '55 year olds and above' and also offers for cohorts such as those experiencing mental health challenges or who are isolated.</i> |
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#### **Reply below from Public Health on 11 April**

*Public Health have recently developed a new physical activity grants programmes, which is due to start in April 2023. This programme will be delivered over the next 2 years to test what works best to address inequalities in physical activity (informed by insight work that we did with residents and wider stakeholders at the end of 2021).*

*Older people, and indeed younger people/families and those with mental health issues have been identified (among other communities and groups) as groups we would like the VCS to focus their proposals on.*

We are currently assessing applications grants assessment and panel taking place until 19th April 2023. The aim is to notify groups w/c 1st May and commence the contracting process. Groups should all have their grants in place and have been paid by mid-late May 2023. Programme will run until March 2025 and will be evaluated to understand impact on physical activity and inequalities.

Wider than this, Public Health also commission Young Hackney to work with schools to deliver the Daily Mile within schools across Hackney, and also provide Personal Bests, which provides fully inclusive opportunities for children aged 9-11 years old to increase their physical activity levels and develop their physical activity skills through a practical, guided physical activity programme through a school based programme that is delivered throughout the academic year.

Public Health also commission GLL to provide '[Healthier Together Hackney](#)', a programme which offers both Weight Management and Physical Activity on Referral programmes to support residents to achieve their personal goals whether that be losing weight or becoming more active for those who are 18+ .

We also commission Homerton Hospital to deliver '[Power Up!](#)', a service for families with children aged 5-19, that aims to build healthy diet and physical activity habits into their daily routines. Building confidence and social connections are an important element of both of these interventions.

#### **Action at 6.5g**

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| <b>ACTION:</b> | NG to provide further information on the timeline for the Free School Meals Task Group. |
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To follow.

#### **ACTION**

The Commission is requested to agree the minutes and note the matters arising above.